

A FAMILY LEGACY OF CARE AND GIVING

The story of Providence Holy Cross Medical Center and the name Albert “Al” Ghirardelli go hand in hand. Mr. Ghirardelli has been involved with Holy Cross since its inception more than 50 years ago. In fact, we owe the hospital to this man’s strong leadership and passion for community service.

“Al Ghirardelli recognized the need for a quality hospital in the northeast San Fernando Valley and led an initiative to get the hospital built. Al’s dedication and support of our local hospital has been unwavering,” states Mr. Michael Overing, Providence Holy Cross Foundation board member and Ghirardelli’s former law firm partner.

Mr. Ghirardelli’s dedication and contagious enthusiasm for our medical center has permeated to his business associates, community partners and more closely to his family, who have generously supported the hospital throughout the years. Most recently, a very generous donation was made by Al’s late brother Walter Ghirardelli, who remembered Providence Holy Cross Medical Center in his will. Walter Ghirardelli created a bequest benefiting our hospital and after his passing last year, the medical center received \$700,000 that helped us complete the *Little Miracles* Campaign in support of our Level III Neonatal Intensive Care Unit (NICU).



Al Ghirardelli and Dr. Bernie Klein



David Ghirardelli, Al Ghirardelli, Dr. Bernie Klein, Ben Chandler

The need for quality health care that Al and his contemporaries saw is no smaller today. As society advanced, so has its expectation for quality care delivered both quickly and cost-effectively. Donors can help offset the high costs of care. Philanthropy fills a crucial gap between insurance/government reimbursement and the actual cost of running a hospital, allows implementation of new technologies and modernization of existing care facilities, and provides resources for advanced training of nurses and staff. Naming Holy Cross as a beneficiary in your estate plan will ensure future support for our efforts to provide crucial health care in our community for generations to come.

“We are most grateful for the continued support of the Ghirardelli family and for Walter’s generous estate gift, which is a meaningful vote of confidence in the work being done at Providence Holy Cross. Bequests, large and small, have a significant impact on our medical center,” said Joe Ward, Executive Director of Planned Giving. “They are easy to set up and provide an estate tax benefit. Best of all, they create a lasting legacy at an institution that has touched the lives of you and your loved ones.”

For more information about all Planned Giving options, please contact Joe Ward, Executive Director, Planned Giving, Providence St. Joseph Health Foundations, Southern California region, at (310) 793-8117 or joseph.ward@providence.org

PROVIDENTIAL



Dear Holy Cross Family,

As Chairman of the Providence Holy Cross Foundation Board of Governors, I am delighted to thank you for your support of our medical center. As you look within our second issue of *Providential*, I invite you to take a moment to reflect on the meaningful difference your support has made in the community, among our patients, their families and to our compassionate caregivers.

During this unprecedented time, we remain steadfast in our dedication to the health and well-being of our community as we respond to the COVID-19 (coronavirus) health crisis. All of us at Providence are here for you and your loved ones, now and always.

We are privileged to touch so many lives and very grateful to count on friends like you who make our work possible. You can read about the inspiring giving legacy of the Ghirardelli family and Mr. Al Ghirardelli’s long history of involvement with Providence Holy Cross. You’ll also read the story of two of the surviving teenagers from the Saugus High School shooting, who returned to our medical center to reunite with the doctors who saved their lives.

There is indeed so much for which to be grateful. Thanks to you, 2019 was a phenomenal year for our medical center. Most significantly, the Foundation celebrated successfully completing its \$6.4 million *Little Miracles* fundraising initiative to increase the size of our Level III Neonatal Intensive Care Unit. Thank you for being part of the Holy Cross family and for taking part in our vision of high-quality, compassionate care to all who need it.

As you know, Providence has been growing in exciting ways. A little more than three years ago, St. Joseph Health and Providence Health & Services came together as Providence St. Joseph Health. New mission and vision statements were agreed upon and a new logo created to unify our organization. New branding will be unveiled in the coming months and our fall newsletter will change accordingly to reflect this wonderful advancement. Stay tuned!

I look forward to another year of triumphs as we continue to share with you the inspiring stories that connect us in our mission to create healthier communities, together.



Sincerely,

Gerry Puchlik







Gerry Puchlik
Chairman of the Providence Holy Cross Foundation
Board of Governors
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- In Focus: 2019 Impact of Philanthropy at Providence Holy Cross
 - COVID-19: What You Need to Know
 - Two Saugus High Shooting Survivors Reunite With Trauma Team That Saved Their Lives
 - Providence Announces Gun Safety Campaign
 - A Family Legacy of Care and Giving



In Focus:

2019 IMPACT OF PHILANTHROPY AT PROVIDENCE HOLY CROSS

-  New Giraffe™ OmniBeds™ and Stand-Alone Infant Resuscitation System for the Neonatal Intensive Care Unit (NICU). These specialized technologies allow clinicians to care for, monitor and treat premature newborns through a variety of procedures, while keeping them in a precisely regulated healing environment
-  Extensive enhancements and upgrades to the Providence Holy Cross Emergency Department
-  Enhancement of Providence Holy Cross's oncology treatments and services
-  The acquisition of leading-edge respiratory percussors that are used to perform chest physiotherapy
-  Support for the Providence Holy Cross Welcome Baby Program to support new and expectant families
-  Ongoing investment in our Nurse Research Fellowship Program, allowing our nurses to improve their caregiving through highly beneficial clinical research and publish their findings in major medical journals

COVID-19: WHAT YOU NEED TO KNOW

WHAT IS COVID-19?

While COVID-19 is a new disease, it is part of a family of viruses called coronaviruses.

The first identified case of COVID-19 was in China in 2019. This virus has now spread to many countries around the world.

HOW DOES COVID-19 SPREAD?

The most common way this virus spreads is from person to person. This is much like what happens with the flu. When someone with COVID-19 coughs or sneezes, they send out respiratory droplets that have the virus.

Here are examples of how it can spread:

- If you are in close contact (within 6 feet) of this person, you can catch the virus by breathing in their respiratory droplets.
- You can get the virus from shaking hands with someone who has it and then touching your own face, nose or mouth.
- You can also get the virus from drinking from the same cup, or eating from the same plate, as someone who has COVID-19.

WHAT ARE THE SYMPTOMS OF COVID-19?

COVID-19 affects the respiratory system. Symptoms can be mild, like those of the common cold. Or symptoms can be more severe like shortness of breath and other breathing problems. Sometimes people die from COVID-19.

Beyond these symptoms, people with this virus can also have complications. Those can include pneumonia (an infection of the lungs) or too little oxygen getting to the lungs.

Sometimes these symptoms and complications lead to death. That is most likely when people are older or also have other medical problems.

HERE ARE SOME WAYS TO TREAT COVID-19 SYMPTOMS AND COMPLICATIONS:

If you have mild symptoms (like that of the common cold), it is best to stay home from school, work, and away from others. Keep doing this until you feel better.

If you have more severe symptoms (such as breathing problems), you might need to be in the hospital. Treatments can include oxygen, IV (intravenous) fluids, and special medicines.

If you have very severe symptoms, you may need to be in the hospital's ICU (intensive care unit). Patients this sick might need to be on a breathing machine (ventilator) that helps them breathe.

HOW CAN I PROTECT MYSELF AND OTHERS FROM GETTING COVID-19?

There are some common-sense ways you can help protect yourself, your family, and the community from getting COVID-19:

1. Wash your hands
2. Keep your distance
3. Clean items that are used by many people

TWO SAUGUS HIGH SHOOTING SURVIVORS REUNITE WITH TRAUMA TEAM THAT SAVED THEIR LIVES

Mia Tretta and Addison Koegle, 9th graders at Saugus High and survivors of the November 14 Saugus High shooting, returned to Holy Cross in January to thank the surgeons, nurses and other staff members that worked tirelessly to treat their injuries in the immediate aftermath of the shooting.

"(The staff) were so great when we were there," said Tretta. "They really appreciated us coming back there. They said it was very helpful for them because, being a trauma hospital, they don't really see people after."

Koegle agreed with her friend, sharing that her decision to return was born of gratitude for the men and women who selflessly give their time and effort, often to never know the outcome of the patients they treat.

"We just wanted to thank them for their amazing services from what happened on the 14th and just as a little thank you," said Koegle. "We wanted to treat them in a special way that they would appreciate."

Dr. Bernard Klein, Chief Executive of Providence Holy Cross, thanked the families for bringing a measure of closure.

"This is as healing for us as it is for you," said Klein. "I hope that they continue to come back and we can watch them grow and prosper."

The two girls and their mothers brought breakfast for nearly 50 Holy Cross staff members, spending time with the team that works day-in and day-out to save the lives of thousands of patients, including Tretta and Koegle.

"It was a joyful event. We were mindful of the tragedy, but to see them healing and thriving meant so much," said Holy Cross Spokeswoman Patricia Aidem. "It's a heart-wrenching event; there were three deaths and there are families still grieving out there, and our hearts go out to them."



Dr. Bernie Klein with Mia Tretta and Addison Koegle

Aidem shared that while surgeons stay in contact with patients in order to monitor their recoveries, the nurses and many other staff members must immediately go on to treating the next emergencies.

"So being able to see them, it was special and it really meant a lot. There was laughter and the girls were in such good spirits," said Aidem. "I think it's important to know that Holy Cross caregivers are so filled with compassion and treat patients as they would their own family. I saw surgeons, nurses, chaplains all hugging these girls and were so grateful to see them healing."

as reported by KHTS AM 1220

PROVIDENCE ANNOUNCES GUN SAFETY CAMPAIGN

- Bernard Klein, MD, is leading gun safety and education efforts across Providence's 10-hospital, three-county Southern California region
- Dr. Klein has written materials, printed in English and Spanish, that are being placed in hospital emergency departments and at affiliated physician offices
- A two-pronged plan was approved for the area, which covers Los Angeles and Orange Counties and Victor Valley in the High Desert
- Providence will seek grants to step up involvement in a program called Stop The Bleed® that trains communities how to stem blood loss in the injured until first responders arrive
- Dr. Klein stated that safety goes beyond preventing accidental shootings to restricting guns from teens and those with behavioral health problems who may contemplate suicide or even mass violence



Please visit coronavirus.providence.org/socal-updates for up-to-date information and links on COVID-19.